

## 50 North

339 East Melrose Ave.  
Findlay, Ohio 45840



**September 21, 2020**

Dear Fitness & Wellness Center Member,

### **Fitness & Wellness Center is open Monday – Thursday 7am-7pm and Friday 7am-6pm**

- Fitness Center is open by appointment only (no walk-ins):
  - Appointments are booked on the hour.
    - Capacity limit is reduced and members will be asked to limit their time to 45 minutes.
  - Reservations can be made up to one week ahead.
  - Advanced scheduling is only available by calling 50 North @ 419-423-8496. No walk-ins allowed.
- Bring signed COVID-19 waiver for your first visit. (copies are available upon entering)
- Limited in-person group exercise classes are available by appointment only. Please see our 50 north website at [50north.org](http://50north.org) or contact the fitness center for more details and to reserve your spot.
- Virtual Zoom classes are available- pre-register with fitness center. \*Assistance available to help with set up & operation of Zoom.
- Please do not come to 50 North if you feel sick or have the following symptoms: fever, cough, shortness of breath.
- When arriving all members will park in the designated parking area and follow walk way to designated entrance. Staff will greet members at the door and be brought into facility when their scheduled time begins.
- Upon arrival members will wait outside with appropriate 6-foot distancing and enter with a staff member. Members will not be allowed in any sooner the 10 minutes prior to scheduled appointment time.
- Temperatures will be taken and members will need to complete a COVID-19 screening questionnaire prior to entering building.
- Members will scan their cards with a staff member upon entering the building.
- Hand sanitizer is placed throughout the facility and all members prior to entering & exiting facility will be expected to use hand sanitizer.
- Face coverings are required when moving about the facility (Not required during active exercising).
- Members will be instructed on the procedure of wiping down equipment before and after equipment use.
- Social distancing will be practiced for members and employees.
  - Equipment is spaced out to provide a 6-foot radius. Some equipment and fitness center areas may not be available to ensure social distancing.
- Guidelines are set in place so members are not entering and exiting at the same time.
- Signs are placed on equipment and areas that are off limits.
- Towels will be washed appropriately for sanitation and distributed to members appropriately, following the CDC guidelines.
- Lost and found has been removed.
- Water fountain/dispenser will not be available.
- Excess seating will not be available.
- Limited stalls available in restroom to enforce social distancing. One person allowed in restroom at a time. Please come dressed to workout.
- Restrooms will be cleaned and disinfected regularly using EPA-registered disinfectants.
- Staff will do a cleaning every hour and a deep cleaning at the end of the day.
- Signs will be posted requiring social distancing and recommending face coverings when moving about the facility (not required during active exercise).
- Sign will be posted to remind members and staff for hand-washing, sanitization of equipment and social distancing.
- Employees will monitor to ensure guidelines are being followed.
- Employees are trained on the contact tracing procedures.
- Employee training will be provided for instruction/education on COVID-19 prevention and education on proper procedures and health & safety guidelines will be provided.
- All employee's temperatures and COVID-19 screening will be taken upon entering the building.
- Employees will practice social distancing with clients and other employees.
- Facial coverings will be required for all employees.

As we slowly begin to re-open 50 North, we want to assure you that safety is our priority. Things will look and feel differently. We are working hard to maintain safe environment upon your return.