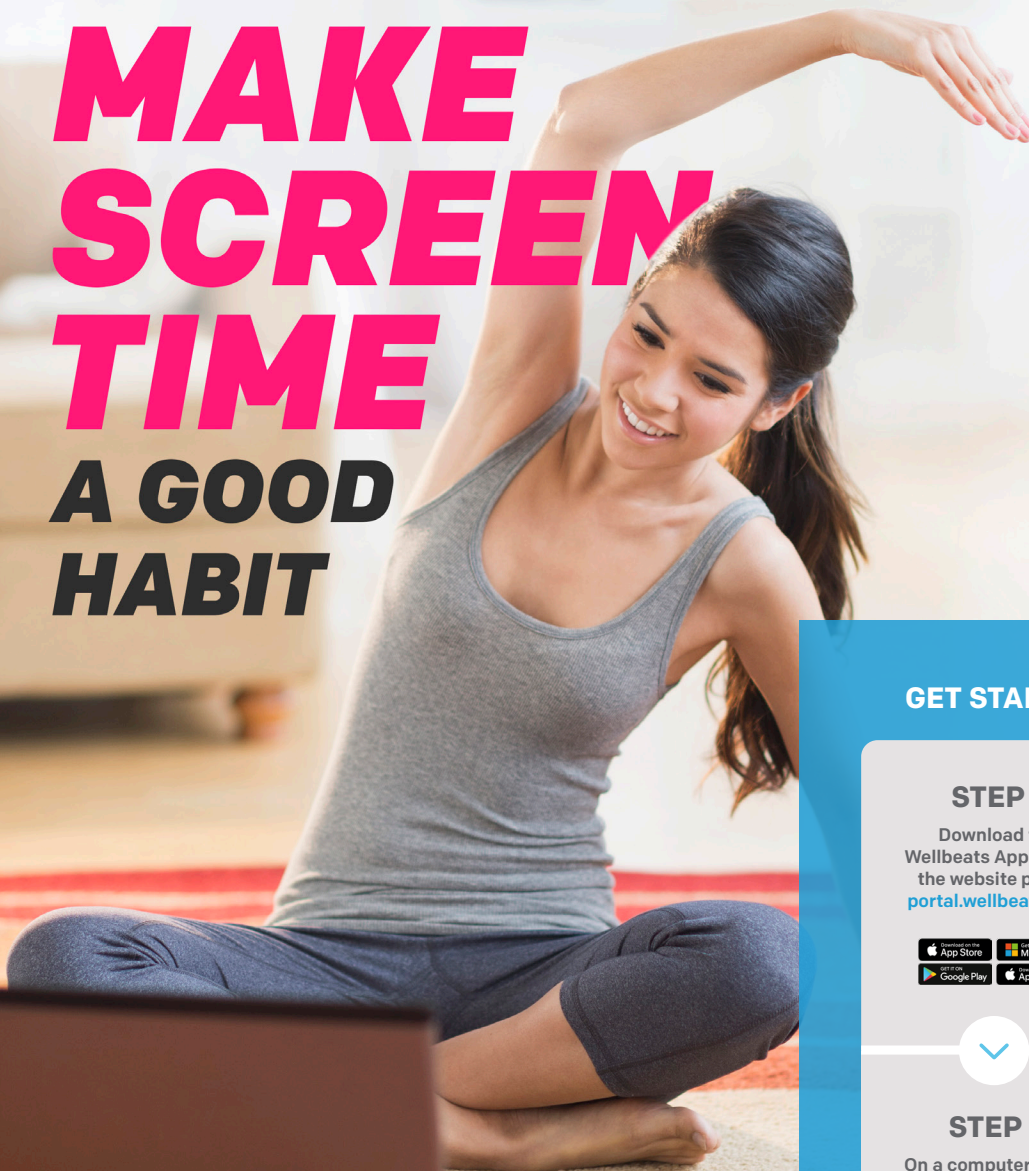


MAKE SCREEN TIME A GOOD HABIT



Wellbeats™

FITNESS MADE EASY

You have exclusive access to Wellbeats: an on-demand fitness platform with 500+ workouts for all ages, abilities, and interests. No matter where you are in your fitness journey, Wellbeats has a starting place for you.



FITNESS FOR THE WHOLE FAMILY

With workouts for all ages from toddlers to seniors, Wellbeats can be used by all members of the family. Sign in on any device using the same login credentials to access Wellbeats.



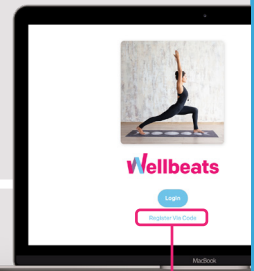
LEARN MORE

To learn how to use Wellbeats, check out the 5-minute Wellbeats Navigation Tour Video at wellbeats.com/faqs.

GET STARTED IN 3 EASY STEPS

STEP 1

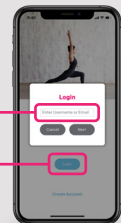
Download the Wellbeats App or visit the website portal: portal.wellbeats.com



STEP 2

On a computer, select 'Register Via Code' and enter invitation code

On mobile, enter invitation code in the 'Enter Username or Email' field after selecting 'Login'



INVITATION CODE

STEP 3

Play a fitness class!

- ✓ Play Classes On-the-Go
- ✓ Track Progress
- ✓ Find Recommended Classes
- ✓ Join Challenges