



September 17, 2020

We are so excited that Governor DeWine has announced that senior centers may open September 21 utilizing a phased approach. 50 North will begin the re-opening process as directed by the State of Ohio by appointment only. *(no walk-ins at this time)* 50 North will offer a limited number of activities with a limited number of participants.

Important Information under Governor DeWine Director's Order – “Elderly people and those who are vulnerable as a result of illness should take additional precautions. People at high risk of severe illness from COVID-19, including elderly people and those who are sick, are urged to stay in their residence to the extent possible except as necessary to seek medical care. According to CDC, the risk of severe illness from COVID-19 increases as people grow older and those at high-risk of severe illness from COVID-19 also include people of all ages with underlying conditions: people with chronic lung disease or moderate to severe asthma, people who have serious heart conditions, people who are immune compromised, people with severe obesity (BMI of 30 or higher), people with diabetes, people with chronic kidney disease undergoing dialysis, and people with liver disease.”

What to Expect—

50 North hours are Monday – Friday 7am-7pm (by appointment only)

- Limited activities, limited group exercise classes, and Fitness Center will be open by appointment only (no walk-ins).
- Activities that cannot adhere to the six-foot distancing, (activities based on contact of shared items such as cards, board games, travel, etc.) are not permitted at this time.
- Virtual options will be offered for a selection of fitness classes and activities.
- Please do not come to 50 North if you feel sick or have the following symptoms: fever, cough, shortness of breath.
- Face coverings are mandatory. (Not required during active exercising).
- All members will be given an “assumption of risk and waiver liability relating to COVID-19” and are asked to sign before entering 50 North. (form enclosed)
- Please arrive 10 minutes prior to your scheduled time. Late arrivals will need to reschedule, except for crafts.
- When arriving all members will park in the designated parking area and follow walk way to designated entrance (see map enclosed).
- At the entrance, members will wait outside with appropriate 6-foot distancing. Marks will be placed on the ground to help with social distancing while waiting to enter facility. Chairs are available for seating.
- Staff will greet members at the door and members will be brought into facility when their scheduled time begins.

- Temperatures will be taken and members will need to complete a COVID-19 screening questionnaire prior to entering building.
- Fitness Center
 - Appointments are booked on the hour.
 - Capacity limit is reduced and members will be asked to limit their time to 45 minutes. Reservations can be made up to one week ahead.
 - Call to reserve your time slot between the hours of 8am-3:30pm.
- Limited in-person group exercise classes.
- Members will scan their cards with a staff member upon entering the building.
- Hand sanitizer will be placed throughout the facility. All members prior to entering & exiting facility will be expected to use hand sanitizer.
- Members will be instructed on the procedure of wiping down equipment before and after use.
- Social distancing will be practiced for members and employees.
- Guidelines will be set in place so members are not entering and exiting at the same time.
- Signs will be placed on equipment and areas that are off limits.
- Towels will be washed appropriately for sanitation and distributed to members appropriately, following the CDC guidelines.
- Water fountain/dispenser will not be available.
- No outside food may be brought into the facility. Please feel free to bring your own drink.
- Limited stalls available in restroom to enforce social distancing. Limited number of people will be allowed in restroom at a time. If you are a Fitness member, please come dressed to workout.
- Restrooms will be cleaned and disinfected regularly using EPA-registered disinfectants.
- Staff will do a cleaning every hour and a deep cleaning at the end of the day.
- Signs will be posted to remind members and staff for hand-washing, sanitization, and social distancing.
- Employee training will be provided for instruction/education on COVID-19 prevention and education on proper procedures and health & safety guidelines will be provided.
- All employees' temperatures and COVID-19 screenings will be taken upon entering the building.
- 50 North Staff has been testing for COVID-19 every other week since July 16, 2020.

As we slowly begin to prepare to re-open 50 North, we want to assure you that safety is our priority. Things will look and feel differently. We are working hard to prepare a safe environment upon your return. Please view our website www.50north.org. We feel very blessed as a staff to be a part of such a great community of members at 50 North. We appreciate all the patience and support from our members during this time. We look forward to seeing you at 50 North!