

**FREE**

# Senior Health & Wellness Fair



**Saturday, October 1, 2022**

**12:00 to 3:00pm**

## **Medical Information, Wellness Tests, Exercise Class Demos & More**

- ⇒ The Armes Family Cancer Care Center - Highlighting the “Blow-up walk-thru Colon!”
- ⇒ BVHS Dieticians – Free Healthy Trail Mix Snacks and Healthy Recipes
- ⇒ Endocrinology & Diabetes Specialists of Northwest Ohio
- ⇒ Hanco - “Safe at Home”
- ⇒ Woman Wise Mammography - Bone Density Testing
- ⇒ Bridge Home Health & Hospice – Staff to help with Advance Directives
- ⇒ Blanchard Valley Health System Primary Care - Blood Pressure Checks
- ⇒ Pulmonary & Critical Care Medicine - Lung Cancer Screenings
- ⇒ Urology Associates of Northwest Ohio - Onsite Appointment Options & Information
- ⇒ Spectrum Eye Care - Free Eye Glass Cleaning Items
- ⇒ Blanchard Valley Obstetrics & Gynecology
- ⇒ Podiatry Specialists of Northwest Ohio -
  - Weinstein Monofilament Checks for Neuropathy
  - General Skin Check of the Feet
  - Doppler here for PVD screening
- ⇒ OIO (Orthopaedic Institute of Ohio) - Balance Screenings
- ⇒ Hancock Public Health –
  - Flu Vaccine
  - COVID Vaccine
  - Cholesterol testing
  - A1-C testing
- ⇒ Smoothies in the Café - Free
- ⇒ Life Connection of Ohio - Organ & Tissue Donation



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