


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>See the Navigator for detailed class information, registration deadlines, and class fees.</p> <p>www.50north.org</p>		<p>1</p> <p>9:00 - 11:00 am Grief Recovery Method</p> <p>10:00 - 11:00 am The History of Chic-Fil-A</p> <p>10:00 am - 12:00 pm Needlecraft & Conversation</p> <p>1:00 - 2:30 pm - Wellness Initiative for Senior Education (WISE)</p> <p>1:30 - 2:30 pm Music Bingo: Hello Spring</p> <p>2:00 pm - Intermediate Line Dance</p> <p>3:30 pm - Improver Line Dance</p> <p>4:00 - 5:00 pm - Advanced Spanish</p> <p>5:00 pm - Basic Line Dance</p> <p>5:30 pm - Beginner Line Dance</p>	<p>2</p> <p>10:00 - 11:00 am Bible Study</p> <p>10:00 - 11:00 am Book Club: A Little Less Broken by Marian Schembari</p> <p>11:00 - 12:00 pm Meet & Greet: with Author Donald Greco</p> <p>11:00 am - 1:00 pm BP Checks</p> <p>1:00 - 3:00 pm - Pea Pot Spring Pails</p> <p>1:30 - 3:00 pm Caregiver's Support Group</p> <p>3:00 - 4:00 pm 50 North Choir</p> <p>4:00 - 5:00 pm Beginner's Spanish</p>	<p>3</p> <p>CLOSED</p> <p><i>Good Friday</i></p>	<p>4</p>
<p>6</p> <p>9:00 - 10:00 am - Bingo (Sponsor: Grand View Insurance)</p> <p>10:00 - 11:00 am - Alzheimer's Education: Understanding Alzheimer's & Dementia</p> <p>2:00 pm Intermediate Line Dance</p> <p>3:30 pm Improver Line Dance</p> <p>4:00 - 6:00 pm Mahjong For Beginners</p>	<p>7</p> <p>8:00 am - 12:00 pm 50 North Featherweight Friends</p> <p>9:00 - 10:00 am Parkinson's AMA Art Class</p> <p>10:00 - 11:00 am Truely Natural Therapies</p> <p>10:00 - 11:00 am De-Clutter w/ Deb: Workable Office Solutions</p> <p>12:00 - 2:00 pm Tech Support (by appt)</p> <p>1:00 - 2:00 pm - Millstream Astronomy Club</p> <p>1:00 - 3:00 pm Free Craft Tuesday</p> <p>1:00 - 3:00 pm Matter of Balance</p> <p>4:00 - 5:00 pm - Beginner's Spanish</p>	<p>8</p> <p>9:00 - 11:00 am Grief Recovery Method</p> <p>10:00 am - 12:00 pm Needlecraft & Conversation</p> <p>1:00 - 2:30 pm - Wellness Initiative for Senior Education (WISE)</p> <p>1:00 - 3:00 pm U of F Students International Tea Time</p> <p>2:00 pm - Intermediate Line Dance</p> <p>3:30 pm - Improver Line Dance</p> <p>4:00 - 5:00 pm - Advanced Spanish</p> <p>5:00 pm - Basic Line Dance</p> <p>5:30 pm - Beginner Line Dance</p>	<p>9</p> <p>10:00 - 11:00 am - The Role of Flexibility & Mobility In Healthy Aging</p> <p>10:00 - 11:00 am Bible Study</p> <p>10:00 - 11:00 am Understanding Hospice: Legacy Hospice</p> <p>11:00 am - 1:00 pm BP Checks</p> <p>1:00 - 2:00 pm Dietitians Chats: Dietary Guidelines</p> <p>1:00 - 3:00 pm Matter of Balance</p> <p>1:00 - 3:00 pm - 20th Century Artist Discussion: Norman Rockwell</p> <p>3:00 - 4:00 pm 50 North Choir</p> <p>4:00 - 5:00 pm - Beginner's Spanish</p>	<p>10</p> <p>10:00 - 11:00 am Crafting Homemade Beer at Home</p> <p>10:00 am - 3:00 pm Adjusting To Vision Loss: The Sight Center Trip</p> <p>10:00 am - 3:00 pm Scrapbooking</p> <p>11:00 am - 1:00 pm Cafe Karaoke</p> <p>1:00 pm Senior Cinema: Blue Miracle (Not Rated - 95 mins.)</p> <p>1:30 - 2:30 pm Card Bingo</p> <p>4:00 pm - Hancock County Parkinson's Network Presents: Dr. Sara Wittingham</p>	<p>11</p>
<p>13</p> <p>9:00 - 10:00 am - Bingo (Sponsor: Sunrise)</p> <p>10:00 - 11:00 am Better Circulation, Better Health, Better Life w/ Bemer</p> <p>10:00 - 11:00 am Stay Smart, Stay Safe: Spotting & Stopping Scams</p> <p>10:00 am - 12:00 pm Beginners Sewing with Luk</p> <p>1:00 - 2:00 pm Nature Notes: Rocks & Fossils</p> <p>2:00 - 4:00 pm - Fused Glass Class: Butterfly Sun Catcher Class #1</p> <p>2:00 pm - Intermediate Line Dance</p> <p>3:30 pm - Improver Line Dance</p> <p>4:00 - 6:00 pm - Mahjong For Beginners</p>	<p>14</p> <p>9:00 am - 12:00 pm - Color Pencil Class w/ Mike Fink: Peach</p> <p>10:00 - 11:00 am Truely Natural Therapies</p> <p>10:00 - 11:00 am Doing Diabetes: Ultra Processed Foods</p> <p>12:00 - 2:00 pm Tech Support (by appt)</p> <p>1:00 - 3:00 pm Matter of Balance</p> <p>1:00 - 3:00 pm Open Art Studio</p> <p>4:00 - 5:00 pm - Beginner's Spanish</p>	<p>15</p> <p>9:00 - 11:00 am Grief Recovery Method</p> <p>10:00 - 11:00 am - Medicare 101</p> <p>10:00 - 11:00 am - Hancock Historical Museum: 1950s</p> <p>10:00 am - 12:00 pm Needlecraft & Conversation</p> <p>1:00 - 2:30 pm - Wellness Initiative for Senior Education (WISE)</p> <p>2:00 pm - Intermediate Line Dance</p> <p>3:30 pm - Improver Dance</p> <p>4:00 - 5:00 pm - Advanced Spanish</p> <p>5:00 pm - Basic Line Dance</p> <p>5:00 - 6:00 pm - Findlay String Factor Spring Concert</p> <p>5:30 pm - Beginners Line Dance</p>	<p>16</p> <p>9:00 - 11:00 am Coffee & Conversations with a Cop</p> <p>10:00 - 11:00 am Bible Study</p> <p>10:00 - 11:00 am - Allen Acre Bread: Sourdough Bread w/ Deb Allen</p> <p>11:00 am - 1:00 pm BP Checks</p> <p>1:00 - 2:00 pm - Parkinson's Support Group</p> <p>1:00 - 3:00 pm Matter of Balance</p> <p>1:00 - 3:00 pm - Watercolor Class w/ Jeanne Crumrine: Light House</p> <p>3:00 - 4:00 pm 50 North Choir</p> <p>4:00 - 5:00 pm - Beginner's Spanish</p> <p>5:00 - 7:00 pm Night Karaoke</p>	<p>17</p> <p>8:00 am - 1:20 pm OIO Toenail Trimming Clinic</p> <p>10:00 - 11:00 am Non-Surgical Pain Relief with Dr. Patrick Gorman</p> <p>10:00 am - 3:00 pm Scrapbooking</p> <p>12:00 pm - Mahjong</p> <p>1:00 pm Senior Cinema: Tulips In Spring Hallmark - 87 mins.)</p> <p>1:00 - 2:00 pm - U of F College of Pharmacy: Fall Prevention</p> <p>5:00 - 7:00 pm The Reunion Band Concert</p>	<p>18</p> <p>12:00 - 3:00 pm Game-A-Palooza </p> <p>FREE GAMES AND FREE FOOD Sponsored by The Findlay-Hancock County Community Foundation Fun For All Grant.</p> <p></p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>20 9:00 - 10:00 am - Bingo (Sponsor: The Heritage)</p> <p>10:00 - 11:00 am Tai-Chi Workshop</p> <p>10:00 - 11:00 am - History of the Findlay Art League with Janella Killebrew</p> <p>2:00 pm - Intermediate Line Dance</p> <p>2:00 - 4:00 pm - Fused Glass Class: Butterfly Suncatcher Class #2</p> <p>3:30 pm - Improver Line Dance</p> <p>4:00 - 5:00 pm - Advanced Spanish</p> <p>4:00 - 6:00 pm Mahjong for Beginners</p>	<p>21 8:00am - 12:00 pm 50 North Featherweight Friends</p> <p>10:00 - 11:00 am - The Multicultural Center w/Chris Caldwell</p> <p>12:00 - 2:00 pm Tech Support (by appt)</p> <p>10:00 - 11:00 am Ohio Movement Chiropractic: Move Better - Live Better</p> <p>11:00 am - 12:00 pm - The Ability Center: Medical Equipment</p> <p>1:00 - 2:00 pm - BVHS Series: A New Way To Grandparent</p> <p>1:00 - 3:00 pm - Art Camp: Cyanotype on Paper</p> <p>1:00 - 3:00 pm Matter of Balance</p> <p>4:00 - 5:00 pm Beginner's Spanish</p>	<p>22 9:00 - 11:00 am Grief Recovery Method</p> <p>10:00 - 11:00 am - Beltone Hearing: Hearing Loss</p> <p>10:00 am - 12:00 pm Needlecraft & Conversation</p> <p>11:30 am - 12:30 pm Sunrise Cooking: Bitterscotch Fudge Cake</p> <p>1:00 - 2:30 pm - Wellness Initiative for Senior Education (WISE)</p> <p>2:00 pm - Intermediate Line Dance</p> <p>3:30 pm - Improver Line Dance</p> <p>4:00 - 5:00 pm - Advanced Spanish</p> <p>5:00 pm - Basic Line Dance</p> <p>5:30 pm - Beginners Line Dance</p>	<p>23 10:00 - 11:00 am Bible Study</p> <p>11:00 am - 1:00 pm BP Checks</p> <p>1:00 - 3:00 pm Matter of Balance</p> <p>1:00 - 3:00 pm Drawing: Still Life</p> <p>3:00 - 4:00 pm 50 North Choir</p> <p>4:00 - 5:00 pm - Beginner's Spanish</p>	<p>24 10:00 am - 3:00 pm Scrapbooking</p> <p>12:00 pm - Mahjong</p> <p>1:00 pm Senior Cinema: Get Low (PG -13 - 103 mins.)</p> <p>1:30 - 3:00 pm Cribbage</p>	<p>25 10:00 am - 1:00 pm</p> <div data-bbox="1837 170 1963 373" data-label="Image"> </div> <p>3rd Annual Parkinson's Empower Walk</p>
<p>27 9:00 - 10:00 am - Bingo (Sponsor: Brookdale of Findlay)</p> <p>1:00 - 4:00 pm - Beginning Sewing:Quilt-As-You-Go Patriotic Potholder</p> <p>2:00 pm Intermediate Line Dance</p> <p>3:30 pm Improver Line Dance</p> <p>4:00 - 5:00 pm - Advanced Spanish</p> <p>4:00 - 6:00 pm Mahjong for Beginners</p>	<p>28 9:00 am - 12:30 pm - Beginning Sewing:Quilt-As-You-Go Patriotic Potholder</p> <p>9:30 - 10:30 am - Lifestyle Workshop: My Life Timeline</p> <p>10:30 - 11:30 am - Finance Workshop: The Essentials of A Successful Retirement Plan</p> <p>12:00 - 2:00 pm Tech Support (by appt)</p> <p>1:00 - 3:00 pm Matter of Balance</p> <p>4:00 - 5:00 pm - Beginner's Spanish</p>	<p>29 9:00 - 11:00 am Grief Recovery Method</p> <p>10:00 am - 12:00 pm Needlecraft & Conversation</p> <p>1:00 - 2:30 pm - Wellness Initiative for Senior Education (WISE)</p> <p>1:00 - 4:00 pm - Spring Flower Arrangement with Chenille Stems</p> <p>4:00 - 5:00 pm Advanced Spanish</p>	<p>30 10:00 - 11:00 am Bible Study</p> <p>11:00 am - 1:00 pm BP Checks</p> <p>1:00 - 3:00 pm Matter of Balance</p> <p>3:00 - 4:00 pm 50 North Choir</p> <p>4:00 - 5:00 pm Beginner's Spanish</p>		
				<p>Euchre: Mondays/Tuesdays, 1 - 4 pm</p> <p>Scrabble: Tuesdays, 10 - 11:30 am</p> <p>Afternoon Bridge: Tuesdays, 12:30 - 3:30 pm</p> <p>Pinochle: Tuesdays, 12 - 4:30 pm</p> <p>Evening Bridge: Wed/Thurs, 3 - 6:30 pm</p> <p>Card Scufflers: Thursdays, 1 - 5 pm</p> <p>Mahjongg: Fridays , 12 - 4:30 pm</p> <p>Cribbage: Fridays, 1 - 3 pm</p> <p>If you have groups larger than 4, please reserve tables through the Activities Dept.</p>	<p>See the Navigator for detailed class information, registration deadlines, and class fees.</p> <p>www.50north.org</p>