

August 2026 Cafe

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3 Mystery Monday	4 Tasty Tuesday Italian Sub Pasta Salad Pickle Spear	5 Free Ice Cream sponsored by The Heritage Meatball With Mushrooms Over Mashed Potatoes Green Beans	6 Free Dessert Cherry Cheesecake Cups Salisbury Steak Mashed Potatoes Mixed Vegetables	7 Breaded Chicken Sandwich Tomato-Cucumber Salad Watermelon	Salad of the Week: Grilled Chicken Power Bowl of the Week: Greek Soup: Chicken Gnocchi Dessert: Mint Brownies
10 Philly Cheesesteak Patsa Bake	11 Tasty Tuesday Stuffed Shells with Spinich Cream Sauce	12 Free Ice Cream sponsored by Elara Caring Ham Scalloped Potatoes Vegetable Blend	13 Free Dessert Sponsored by Sunrise Cheeseburger Potato Wedges Coleslaw	14 CAFE KARAOKE Fajita Chicken Rice Bake Corn & Black Beans	Salad of the Week: Southwest Power Bowl of the Week: Oriental Soup: Chili Dessert: Lemon Raspberry Poke Cake
17 Mystery Monday	18 Tasty Tuesday Taco Bake Chips & Salsa	19 Free Ice Cream sponsored by The Heritage Cheeseburger Potato Wedges Coleslaw	20 Free Dessert S'mores Bars BBQ Chicken Baked Potato Broccoli & Cheese	21 Lasagna Mixed Vegetables Garlic Roll	Salad of the Week: Chef Power Bowl of the Week: Oriental Soup: Italian Wedding Dessert: Pistachio Ice Box Cake
24 Grilled Ham & Cheese Potato Chips Pickle Spear	25 Tasty Tuesday Loaded Nachos Fresh Salsa	26 Free Ice Cream sponsored by StoryPoint Orange Chicken Fried Rice Egg Roll Vegetable Blend	27 Free Dessert Chocolate Chip Sandwich Cookie Country Fried Steak Mashed Potatoes Creamed Peas	28 Spaghetti & Meatballs Breadstick	Salad of the Week Apple Pecan Power Bowl of the Week: Salmon Sweet Potato Soup: Tomato Dessert: Strawberry Milkshake Poke Cake
31 Mystery Monday			Choose one of the following for \$7.00: • Hot Entree and sides • Salad of the Week • Power Bowl of the Week • Build Your Own Salad • Build Your Own Wrap • Build Your Own Power Bowl Replace Any Side with Coleslaw, Cottage Cheese, or Applesauce Dessert - \$1.00, To Go Soup (16 oz) \$4.00		Salad of the Week: Oriental Power Bowl of the Week: Salmon Sweet Potato Soup: Lasagna Dessert: Pineapple Delight

Special Days

NEW! MYSTERY MONDAY

Start your week with a surprise menu featuring delicious, one-day-only favorites. You never know what you'll find—come see what's cooking!

TASTY TUESDAYS!

EVERY TUESDAY

Come into the café and enjoy a free sample of something new we are cooking up!
(Free with \$7.00 Lunch Purchase • Dine-In Only)
While supplies last.

ICE CREAM WEDNESDAYS!

EVERY WEDNESDAY

August 5 - Sponsored by The Heritage
August 12 - Sponsored by Elara Caring
August 19 - Sponsored by The Heritage
August 26 - Sponsored by StoryPoint

(Free with \$7.00 Lunch Purchase • Dine-In Only)
While supplies last.

FREE DESSERT THURSDAY!

EVERY THURSDAY

Treat yourself to a little sweet for the week!
(FREE with \$7 lunch purchase)
While supplies last.

MEALS AND MELODIES

EVERY FRIDAY

Every Friday in the Cafe, enjoy a musical treat while you eat. (lunch purchase required)

• **August 14 - Cafe Karaoke with Tim Holt**
(lunch purchase required)



What's in my Salad?

Week of August 3 - 7

Grilled Chicken

Lettuce • Cheese • Egg • Tomatoes • Cucumbers
Grilled Chicken • Salad Dressing

Week of August 10 - 14

Southwest

Lettuce • Cheese • Chicken • Black Beans
Corn Salsa • Tortilla Strips • Chipotle Ranch Dressing

Week of August 17 - 21

Chef Salad

Lettuce • Cheese • Egg • Tomatoes • Cucumbers
Ham • Turkey • Salad Dressing

Week of August 24 - 28

Apple Pecan

Spinach • Sliced Apples • Pecans • Feta Cheese
Craisins • Poppyseed or Raspberry Vinaigrette

Week of August 31 - September 4

Oriental Chicken

Cabbage • Celery • Mandarin Oranges • Grilled Chicken
Toasted Almonds • Chow Mein Noodles •
Oriental Dressing

What's in my Bowl?

Week of August 3 - 7

Greek Power Bowl

Brown Rice • Chicken • Cucumber • Tomatoes • Olives •
Feta • Tzatziki Sauce

Week of August 10 - 21

Oriental Power Bowl

Brown Rice • Teriyaki Chicken • Roasted Broccoli •
Shredded Cabbage • Carrots • Mandarin Oranges
Ginger Sesame Dressing

Week of August 31 - September 4

Salmon Sweet Potato Bowl

Rice • Sweet Potato • Broccoli • Salmon • Hummus •
Slivered Almonds • Maple Balsamic Drizzle

**If you are interested in Mobile Meal delivery,
call Dustin at 567-429-9249 to inquire about pricing and scheduling**