

# March 2026

# Cafe



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>2</b> Stuffed Chicken Mashed Potatoes Vegetable Blend	<b>3</b> Smoked Sausage Fried Cabbage Pierogi	<b>4</b> <b>Free Ice Cream sponsored by The Heritage</b> Salisbury Steak Mashed Potatoes Buttered Corn	<b>5</b> <b>Free Dessert</b> Meatloaf Baked Potato Broccoli & Cheese	<b>6</b> Glazed Salmon Seasoned Rice Broccoli	<b>Salad of the Week:</b> Chef <b>Power Bowl of the Week:</b> Salmon Sweet Potato Bowl <b>Soup:</b> Minestrone <b>Dessert:</b> Oatmeal Poke Cake
<b>9</b> Spaghetti & Meatballs Green Beans Breadstick	<b>10</b> Santa Fe Chicken Cilantro Lime Rice Sweet Cornbread	<b>11</b> Chicken & Noodles Over Mashed Potatoes Green Beans	<b>12</b> <b>Free Dessert</b> Beef & Broccoli Fried Rice Egg Roll Vegetable Blend	<b>13</b> <b>Cafe Karaoke</b> Macaroni & Cheese Garlic roll Green Beans	<b>Salad of the Week:</b> Southwest <b>Power Bowl of the Week:</b> Salmon Sweet Potato Bowl <b>Soup:</b> Lentil <b>Dessert:</b> Cream Cheese Brownies
<b>16</b> Ham Loaf Sweet Potatoes Mixed Vegetables	<b>17</b> Reuben Casserole Potato Wedges Vegetable Blend	<b>18</b> <b>Free Ice Cream sponsored by The Heritage</b> Country Fried Steak Mashed Potatoes California Blend	<b>19</b> <b>Free Dessert</b> White Chicken Enchiladas 7 Layer Dip	<b>20</b> Tilapia Hushpuppies Broccoli & Cheese	<b>Salad of the Week:</b> Apple Pecan <b>Power Bowl of the Week:</b> Oriental Power Bowl <b>Soup:</b> Vegetable <b>Dessert:</b> Banana Split Poke Cake
<b>23</b> Sweet & Sour Chicken Seasoned Rice Egg Roll Vegetable Blend	<b>24</b> Patty Melt Potato Wedges Baked Beans	<b>25</b> Meatloaf Mashed Potatoes Cream Corn	<b>26</b> <b>Free Dessert</b> Steak Quesadilla Corn Salsa Refried Beans	<b>27</b> Fish & Chips Coleslaw	<b>Salad of the Week:</b> Oriental Chicken <b>Power Bowl of the Week:</b> Oriental Power Bowl <b>Soup:</b> Creamy Potato <b>Dessert:</b> Pineapple Cake
<b>30</b> Country Fried Chicken Mashed Potatoes California Blend	<b>31</b> Turkey Club Pasta Salad Pickle Spear	<b>Choose one of the following for \$7.00:</b> <ul style="list-style-type: none"> <li>• Hot Entree and sides</li> <li>• Salad of the Week</li> <li>• Power Bowl of the Week</li> <li>• Build Your Own Salad</li> <li>• Build Your Own Wrap</li> <li>• Build Your Own Power Bowl</li> </ul> <b>New: Replace Any Side with Coleslaw or Cottage Cheese</b> Dessert - \$1.00, To Go Soup (16 oz) - \$4.00			<b>Salad of the Week:</b> Grilled Chicken <b>Power Bowl of the Week:</b> Oriental Power Bowl <b>Soup:</b> Tomato <b>Dessert:</b> Raspberry Poke Cake

## Special Days

### Monday, March 2

#### National Banana Cream Pie Day

Let's Go Banana's this week and celebrate all week long with our dessert of the week!

### Wednesday, March 4 • 11:00 am – 1:00 pm

#### Ice Cream in the Café

(FREE with \$7 dine-in lunch purchase)

While supplies last. Sponsored by The Heritage.

### Thursday, March 5 • 11:00 am – 1:00 pm

#### FREE! Dessert Thursday!

(FREE with \$7 dine-in or carryout lunch purchase)

Treat yourself to a little sweet for the week!

### Monday, March 9

#### National Meatball Day

On top of spaghetti, all covered in cheese!

YES....let's add meatballs today!!!

### Thursday, March 12 • 11:00 am – 1:00 pm

#### FREE! Dessert Thursday!

(FREE with \$7 lunch purchase)

Treat yourself to a little sweet for the week!

### Friday, March 13 11:00 am – 1:00 pm

#### Café Karaoke

(\$7.00 Lunch purchase required)

Karaoke with Tim Holt, where YOU are the star.

Sponsored by StoryPoint Senior Living of Findlay.

### Tuesday, March 17

St. Patrick's Day... Wear your GREEN today!

### Wednesday, March 18 • 11:00 am – 1:00 pm

#### Ice Cream in the Café

(FREE with \$7 dine-in lunch purchase)

While supplies last. Sponsored by The Heritage.

### Thursday, March 19 • 11:00 am – 1:00 pm

#### FREE! Dessert Thursday!

(FREE with \$7 dine-in or carryout lunch purchase)

Treat yourself to a little sweet for the week!

### Thursday, March 26 • 11:00 am – 1:00 pm

#### FREE! Dessert Thursday!

(FREE with \$7 dine-in or carryout lunch purchase)

Treat yourself to a little sweet for the week!

## What's in my Salad?

### Week of March 2 - 6

#### Chef Salad

Lettuce • Cheese • Egg • Tomatoes • Cucumbers

Ham • Turkey • Salad Dressing

### Week of March 9 - 13

#### Apple Pecan

Spinach • Sliced Apples • Pecans • Feta Cheese

Craisins • Poppyseed or Raspberry Vinaigrette

### Week of March 16 - 20

#### Southwest

Lettuce • Cheese • Chicken • Black Beans

Corn Salsa • Tortilla Strips • Chipotle Ranch Dressing

### Week of March 23 - 27

#### Oriental Chicken

Cabbage • Celery • Mandarin Oranges • Grilled Chicken

Toasted Almonds • Chow Mein Noodles •

Oriental Dressing

### Week of March 30 - April 3

#### Grilled Chicken

Lettuce • Cheese • Egg • Tomatoes • Cucumbers

Grilled Chicken • Salad Dressing

## What's in my Bowl?

### Week of March 2 - 13

#### Salmon Sweet Potato Bowl

Rice • Sweet Potato • Broccoli • Salmon • Hummus

Slivered Almonds • Maple Balsamic Drizzle

### Week of March 16 - 30

#### Oriental Power Bowl

Rice • Teriyaki Chicken • Roasted Broccoli

Shredded Cabbage • Carrots • Mandarin Oranges

Ginger Sesame Dressing

**If you are interested in Mobile Meal delivery,  
call Dustin at 567-429-9249 to inquire about pricing and scheduling**