

November 2026

Cafe

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 Mystery Monday	3 Tasty Tuesday Salisbury Steak Mashed Potatoes Buttered Corn	4 Free Ice Cream sponsored by The Heritage Smoked Sausage Pierogis Sauerkraut	5 Free Dessert Butterfinger Pie Lasagna Green Beans Garlic Bread	6 Meals and Melodies BBQ Chicken Loaded Mashed Potatoes California Blend Veggies	Salad of the Week Southwest Power Bowl of the Week: Oriental Soup: Ham & Bean Dessert: Canoli Poke Cake
9 Mystery Monday	10 Tasty Tuesday Country Fried Chicken Mashed Potatoes Mixed Vegetables	11 Free Ice Cream sponsored by Elara Caring FREE LUNCH FOR 50 NORTH VETERANS Meatloaf Cheesy Potatoes Green Beans Dinner Roll	12 Free Dessert M&M Cookies French Onion Chicken Bake Rice Pilaf Glazed Carrots	13 Meals and Melodies Million Dollar Spaghetti Vegetable Blend	Salad of the Week: Apple Walnut Power Bowl of the Week: Greek Soup: Chili Dessert: Peanut Butter Brownies
16 Mystery Monday	17 Tasty Tuesday Enchilada Verdes Fiesta Rice Refried Beans	18 Free Ice Cream sponsored by The Heritage Sweet & Sour Chicken Seasoned Rice Egg Roll	19 Free Dessert Banana Pudding Loaded Baked Potato Broccoli & Cheese	20 CAFE KARAOKE Chicken Cordon Bleu Mashed Potatoes California Blend	Salad of the Week: Harvest Power Bowl of the Week: Greek Soup: Chili Dessert: Pumpkin Snickerdoodles
23 Mystery Monday	24 Tasty Tuesday Salisbury Steak Mashed Potatoes Buttered Corn	25 Free Ice Cream sponsored by StoryPoint Roasted Turkey Mashed Potatoes Stuffing Green Beans Casserole Cranberry Relish Dinner Roll	26 CLOSED 27 CLOSED 		Soup: Pumpkin Soup Dessert: Pumpkin Bars
30 Mystery Monday			Choose one of the following for \$7.00: <ul style="list-style-type: none"> Hot Entree and sides Salad of the Week Power Bowl of the Week Build Your Own Salad Build Your Own Wrap Build Your Own Power Bowl Replace Any Side with Coleslaw, Cottage Cheese, or Applesauce Dessert - \$1.00, To Go Soup (16 oz) \$4.00		Salad of the Week: Oriental Power Bowl of the Week: Salmon Sweet Potato Soup: Sausage & Kale Dessert: Triple Chocolate Cake

Special Days

MYSTERY MONDAY!

EVERY MONDAY

Start your week with a surprise menu featuring delicious, one-day-only favorites. You never know what you'll find—come see what's cooking!

TASTY TUESDAYS!

EVERY TUESDAY

Come into the café and enjoy a free sample of something new we are cooking up!
(Free with \$7.00 Lunch Purchase • Dine-In Only)
While supplies last.

ICE CREAM WEDNESDAYS!

EVERY WEDNESDAY

November 4 - Sponsored by The Heritage
November 11 - Sponsored by Elara Caring
November 18 - Sponsored by The Heritage
November 25 - Sponsored by StoryPoint
(Free with \$7.00 Lunch Purchase • Dine-In Only)
While supplies last.

FREE DESSERT THURSDAY!

EVERY THURSDAY

Treat yourself to a little sweet for the week!
(FREE with \$7 lunch purchase)
While supplies last.

MEALS AND MELODIES

EVERY FRIDAY

Every Friday in the Cafe, enjoy a musical treat while you eat. **(lunch purchase required)**

PLEASE NOTE DATE CHANGE

• **November 18 - Cafe Karaoke with Tim Holt**
(lunch purchase required)



What's in my Salad?

Week of November 2 - 6

Southwest

Lettuce • Cheese • Chicken • Black Beans
Corn Salsa • Tortilla Strips • Chipotle Ranch Dressing

Week of November 9 - 13

Apple Walnut

Spinach • Sliced Apples • Blueberries • Walnuts • Feta Cheese • Craisins • Poppyseed

Week of November 16 - 20

Harvest Salad

Spinach • Sweet Potato • Shredded Carrots • Shredded Carrots • Candied Pecans • Craisins • Feta Cheese • Red Onions

Week of November 23 - 27

No Salad of the Week

Week of November 30 - December 4

Oriental Chicken

Cabbage • Celery • Mandarin Oranges • Grilled Chicken • Toasted Almonds • Chow Mein Noodles • Oriental Dressing

What's in my Bowl?

Week of November 2 - 6

Oriental Power Bowl

Brown Rice • Teriyaki Chicken • Roasted Broccoli • Shredded Cabbage • Carrots • Mandarin Oranges • Ginger Sesame Dressing

Week of November 9 - 20

Greek Power Bowl

Brown Rice • Chicken • Cucumber • Tomatoes • Olives • Feta • Tzatziki Sauce

Week of November 30 - December 11

Salmon Sweet Potato Power Bowl

Rice • Sweet Potato • Broccoli • Salmon • Hummus • Slivered Almonds • Maple Balsamic Drizzle

As a nonprofit organization, we work hard to be good stewards of our resources and keep our prices affordable. To help us minimize waste and manage costs responsibly, all menu items are subject to change based on product availability and daily quantity. To ensure all guest enjoy our treats, dessert quantities may be limited. **Thank you for your understanding and continued support!**