

September 2026

Cafe

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 Tasty Tuesday Chicken Alfredo California Blend Veggies Bread Stick	2 Free Ice Cream sponsored by The Heritage Salisbury Steak Mashed Potatoes Buttered Corn	3 Free Dessert Sea Salt Caramel Cookies Smoked Sausage Roasted Potatoes Sweet Kraut	4 Meals and Melodies BLT Flatbread Creamy Pasta Salad Pickle Spear	Salad of the Week: Oriental Power Bowl of the Week: Salmon Sweet Potato Soup: Lasagna Dessert: Pineapple Delight
7 CLOSED ★★★★★★ LABOR DAY ★★★★★★	8 Tasty Tuesday Baked Ziti Mixed Vegetables Garlic Roll	9 Free Ice Cream sponsored by Elara Caring BBQ Chicken Mac & Cheese Green Beans	10 Free Dessert Sponsored by Sunrise Country Fried Steak Mashed Potatoes Creamed Peas	11 CAFE KARAOKE Chicken Chow Mein Egg Roll	Salad of the Week: Grilled Chicken Power Bowl of the Week: Greek Soup: Chili Dessert: Black Forest Poke Cake
14 Mystery Monday	15 Tasty Tuesday Beefy Shells & Cheese Capri Blend	16 Free Ice Cream sponsored by The Heritage Meatloaf Mashed Potatoes Cream Corn	17 Free Dessert Peanut Butter Pie Sweet & Sour Meatballs Fried Rice Egg Roll Oriental Blend Veggies	18 Meals and Melodies Ham Sweet Potatoes Green Beans	Salad of the Week: Chef Power Bowl of the Week: Greek Soup: Potato Dessert: Frosted Sugar Cookies
21 Mystery Monday	22 Tasty Tuesday Beef Enchilada Fiesta Rice Refried Beans	23 Free Ice Cream sponsored by StoryPoint Country Fried Chicken Mashed Potatoes Peas & Carrots	24 Free Dessert Funfetti Cookie Spaghetti & Meatballs Breadstick	25 Meals and Melodies Cheeseburger Cheesy Potatoes Coleslaw	Salad of the Week: Southwest Power Bowl of the Week: Oriental Soup: Vegetable Dessert: Tiramisu Brownies
28 Mystery Monday	29 Tasty Tuesday Chicken Fried Rice Vegetable Blend Egg Roll	30 Free Ice Cream Roasted Pork Mashed Potatoes Vegetable Blend	Choose one of the following for \$7.00: - Hot Entree and sides - Salad of the Week - Power Bowl of the Week - Build Your Own Salad - Build Your Own Wrap - Build Your Own Power Bowl Replace Any Side with Coleslaw, Cottage Cheese, or Applesauce Dessert - \$1.00, To Go Soup (16 oz) \$4.00		Salad of the Week Apple Pecan Power Bowl of the Week: Oriental Soup: Tomato Dessert: Italian Love Cake

Special Days

NEW! MYSTERY MONDAY

Start your week with a surprise menu featuring delicious, one-day-only favorites. You never know what you'll find—come see what's cooking!

TASTY TUESDAYS!

EVERY TUESDAY

Come into the café and enjoy a free sample of something new we are cooking up!
(Free with \$7.00 Lunch Purchase • Dine-In Only)
While supplies last.

ICE CREAM WEDNESDAYS!

EVERY WEDNESDAY

September 2 - Sponsored by The Heritage
September 9 - Sponsored by Elara Caring
September 16 - Sponsored by The Heritage
September 23 - Sponsored by StoryPoint
September 30 - Sponsored by 50 North

(Free with \$7.00 Lunch Purchase • Dine-In Only)
While supplies last.

FREE DESSERT THURSDAY!

EVERY THURSDAY

Treat yourself to a little sweet for the week!
(FREE with \$7 lunch purchase)
While supplies last.

MEALS AND MELODIES

EVERY FRIDAY

Every Friday in the Cafe, enjoy a musical treat while you eat. **(lunch purchase required)**

• **September 11 - Cafe Karaoke with Tim Holt**
(lunch purchase required)

• **All proceeds from our September 14–18
“Dessert of the Week” will benefit the Hancock
County Alzheimer’s Association Walk**



What's in my Salad?

Week of August 31 - September 4

Oriental Chicken

Cabbage • Celery • Mandarin Oranges • Grilled Chicken
Toasted Almonds • Chow Mein Noodles •
Oriental Dressing

Week of September 7 - 11

Grilled Chicken

Lettuce • Cheese • Egg • Tomatoes • Cucumbers
Grilled Chicken • Salad Dressing

Week of September 14 - 18

Chef Salad

Lettuce • Cheese • Egg • Tomatoes • Cucumbers
Ham • Turkey • Salad Dressing

Week of September 21 - 25

Southwest

Lettuce • Cheese • Chicken • Black Beans
Corn Salsa • Tortilla Strips • Chipotle Ranch Dressing

Week of September 28 - October 2

Apple Pecan

Spinach • Sliced Apples • Pecans • Feta Cheese
Craisins • Poppyseed or Raspberry Vinaigrette

What's in my Bowl?

Week of August 31 - September 4

Salmon Sweet Potato Bowl

Rice • Sweet Potato • Broccoli • Salmon • Hummus
• Slivered Almonds • Maple Balsamic Drizzle

Week of September 7-18

Greek Power Bowl

Brown Rice • Chicken • Cucumber • Tomatoes • Olives •
Feta • Tzatziki Sauce

Week of September 21- October 2

Oriental Power Bowl

Brown Rice • Teriyaki Chicken • Roasted Broccoli •
Shredded Cabbage • Carrots • Mandarin Oranges
Ginger Sesame Dressing

**If you are interested in Mobile Meal delivery,
call Dustin at 567-429-9249 to inquire about pricing and scheduling**